

# MARCH 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack			1 Honey Nut Cheerios	2 Rice Cake	3 Cheese Sticks
Lunch			Bean and Cheese Chalupas/Rice Corn Seasonal Fruit	Rice/Sausage Green Beans Crackers Seasonal Fruit	Grilled Cheese Sandwich/Ham Chips/Salad Seasonal Fruit
Snack			Ritz Crackers	Toast Jelly	Fruit Snacks
Snack	6 Cheez-it	7 Honey Nut Cheerios	8 Cheese Sticks	9 Honey Nut Cheerios	10 Marshmallow Mates
Lunch	Chicken Nuggets Mashed Potatoes Gravy /Corn/Bread Seasonal Fruit	Pasta/Meat Balls Mixed Vegetables Bread Seasonal Fruit	Beef Taco (Crispy) Tomatoes/Lettuce Salad/Corn Seasonal Fruit	Bean & Cheese Tacos/Mexican Rice Broccoli Seasonal Fruit	Fish Sticks Mashed Potatoes Gravy Mixed Vegetables Crackers Seasonal Fruit
Snack	Crackers	Ritz Crackers	Vanilla Wafers	Toast/Jelly	Fruit Snacks
Snack	13 Cheez-it	14 Cheese Sticks	15 Goldfish	16 Rice Cake	17 Marshmallow Mates
Lunch	Fish Sticks Mashed Potatoes Gravy Mixed Vegetables Crackers Seasonal Fruit	Chicken Alfredo Broccoli/Crackers Seasonal Fruit	Bean and Cheese Chalupas/Rice Corn Seasonal Fruit	Chicken Burritos Cheese (Optional) Pinto Beans/Carrots Seasonal Fruit	Grilled Cheese Sandwich Ham/Chips/ Salad Seasonal Fruit
Snack	Ritz Crackers	Rice Cake	Crackers	Toast/Jelly	Fruit Snacks
Snack	20 Goldfish	21 Cheez-it	22 Granola Bar	23 Cheese Sticks	24 Cheez-it
Lunch	Chicken Nuggets Mashed Potatoes Gravy/Corn Crackers Seasonal Fruit	Spaghetti with Meal Balls Broccoli/Bread Seasonal Fruit	Beef Taco (Crispy) Tomatoes/Lettuce Salad/Corn Seasonal Fruit	Rice/Chicken Green Beans Crackers Seasonal Fruit	Chicken Nuggets Mashed Potatoes Gravy Corn/Bread Seasonal Fruit
Snack	Ritz Crackers	Vanilla Wafers	Rice Cake	Toast/Jelly	Fruit Snacks
Snack	27 Granola Bar	28 Marshmallow Mates	29 Honey Nut Cheerios	30 Ritz Crackers	31 Marshmallow Mates
Lunch	Steak Fingers Mashed Potatoes Gravy Crackers Seasonal Fruit	Mac & Cheese with Ham Broccoli/Bread Seasonal Fruit	Bean and Cheese Chalupas/Rice Corn Seasonal Fruit	Bean & Cheese Tacos Mexican Rice Broccoli Seasonal Fruit	Pizza Salad Seasonal Fruit
Snack	Vanilla Wafer	Cheez-it	Ritz Crackers	Toast/Jelly	Fruit Snacks

The menu is subject to change according to the groceries availability.

MILK SERVED WITH LUNCH  
WATER IS AVAILABLE AT ALL TIMES

