

# JANUARY 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Snack</b>	<b>2</b>	<b>3</b> Goldfish	<b>4</b> Marshmallow Mates	<b>5</b> Honey Nut Cheerios	<b>6</b> Vanilla Wafer
<b>Lunch</b>	<b>Student/Staff Holiday</b>	Pasta/ Meat Sauce Broccoli Bread Corndog * Seasonal Fruit	Rice/Sausage Green Beans/Crackers Quesadillas* Seasonal Fruit	Bean & Cheese Tacos Corn Flautas* Seasonal Fruit	Fish Sticks Corn Pizza* Seasonal Fruit
<b>Snack</b>		Ritz Crackers	Vanilla Wafers	Crackers	Fruit Snacks
<b>Snack</b>		<b>9</b> Vanilla Wafers	<b>10</b> Cheese Sticks	<b>11</b> Marshmallow Mates	<b>12</b> Goldfish
<b>Lunch</b>	Ham & Cheese Sandwich/Chips Pizza * Seasonal Fruit	Mac & Cheese with Ham Carrots/Bread Flautas* Seasonal Fruit	Rice/Chicken Green Beans/Crackers Corndog* Seasonal Fruit	Beef Taco (crispy) Tomatoes/Lettuce Corndog* Seasonal Fruit	Grilled Cheese Sandwich/Ham /Salad Hotpocket* Seasonal Fruit
<b>Snack</b>	Goldfish	Rice Cake	Crackers	Ritz Crackers	Fruit Snacks
<b>Snack</b>	<b>16</b>	<b>17</b> Rice Cake	<b>18</b> Marshmallow Mates	<b>19</b> Ritz Crackers	<b>20</b> Ritz Crackers
<b>Lunch</b>	<b>Student Holiday/ Staff Development</b>	Pasta/ Meat Sauce Bread/ Broccoli Quesadillas* Seasonal Fruit	Picadillo White Rice Vegetables Hotpocket *	Chicken Nuggets Mashed Potatoes Bread Hamburger * Seasonal Fruit	Pizza/Salad Hot Dog* Seasonal Fruit
<b>Snack</b>		Ritz Crackers	Seasonal Fruit	Vanilla Wafers	Fruit Snacks
<b>Snack</b>		<b>23</b> Goldfish	<b>24</b> Honey Nut Cheerios	<b>25</b> Cheese Sticks	<b>26</b> Cheez-it
<b>Lunch</b>	Ham & Cheese Sandwich Chips Quesadillas* Seasonal Fruit	Mac & Cheese with Ham Broccoli/Bread Corndog* Seasonal Fruit	Beef Taco (crispy) Tomatoes/Lettuce Hotpocket* Seasonal Fruit	Rice/Chicken/Pinto Beans /Crackers Flautas* Seasonal Fruit	Fish Sticks, Rice with Vegetables Hamburger* Seasonal Fruit
<b>Snack</b>	Ritz Cracker	Vanilla Wafers	Ritz Crackers	Ritz Crackers	Fruit Snacks
<b>Snack</b>	<b>30</b> Cheez-it	<b>31</b> Cheez-it			
<b>Lunch</b>	Grilled Cheese Sandwich/Ham /Salad Flautas* Seasonal Fruit	Chicken Alfredo Carrots/Crackers Flautas* Seasonal Fruit			
<b>Snack</b>	Honey Nut Cheerios	Honey Nut Cheerios			

\*Option only for Fourth Grade - Seventh Grade

The menu is subject to change according to the groceries availability.

MILK SERVED WITH LUNCH  
WATER IS AVAILABLE AT ALL TIMES

